

INITIAL QUESTIONS

For Your Neuropsychologist

Hope for HH has created a list of questions to help guide your conversation with your medical provider. These conversations can feel overwhelming and confusing. To maximize the time with your provider, we recommend you identify which questions best apply to your situation and use them as a starting point for the discussion. Being prepared can lessen the fear and improve collaboration.

- 1 What kinds of tests will I be doing and why?
- 2 How often should an evaluation be completed?
- 3 What tools are available to help strengthen weaker skills (Executive Function)?
- 4 Are there treatments or online programs that will help with my memory issues?
- 5 What tools are available to manage mental health regarding a chronic condition?
- 6 Are there tools to help with behavior issues (depression, anxiety, OCD, PTSD)?
- 7 What additional resources are available in my area?
- 8 What therapies would be helpful?
- 9 What long term concerns arise from having an HH?